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Communications

* Communication makes us what we are
* Benefits of studying communications
  + Troubleshoot problems
    - Have to actually talk and figure out problems
  + Helps everyone unite and see a similar vision
  + Helps get work done quicker and better
    - Smooth and efficient
    - Can help a company be successful
  + Avoids frustration
  + Leaders need to have great communication
    - Help other people develop good communication
  + Better dating
  + Resolving Conflicts
* Communication is the co creating and co sharing of meanings
* Axiom
  + “You can’t not communicate”
  + By saying you don’t want to communicate by listening to music, you are actually communicating that you don't want to communicate
  + Silent treatment
* Communication occurs on 2 levels
  + Every message has two meanings
    - Content
      * What we are talking about
      * The information
    - Relational
      * How you make the other person feel
      * If you make them feel important
  + Communication is irreversible